


BEAUTY

BOX

lookfantastic
APRIL 2017

the
*Natural
Beauty*
EDITION



OPEN YOUR EYES TO THE *beauty* AROUND YOU.
CELEBRATE JUST HOW AMAZING, *gorgeous*
AND *truly wonderful* YOU ARE
WITH OUR NATURAL PRODUCTS
DESIGNED TO *enhance* THE BEAUTY
YOU WERE BORN WITH.



@lookfantastic

#LFBEAUTYBOX



Barefaced and beautiful is the way to go this April, letting your natural beauty shine through using a combination of good skincare and lightweight makeup to get your complexion glowing.

We are taking inspiration from the organic and natural brands that love to get us looking lovely with the help of good-for-you ingredients, which feed the skin with nutrition as well as adding a little coverage just where you need it!

This month's magazine has all the tips you need to perfect your barefaced beauty and let your face see the world naturally.

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Beauty Editor

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the APRIL EDIT

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Looking for a natural hair regime? Try Kérastase's Aura Botanica collection - we love it!

what's in THE BOX?

OMOROVICZA CLEANSING FOAM

The key to going barefaced is all in the skincare, which is why we love Omorovicza's Cleansing Foam. As it's sulphate-free, it's extremely gentle on the skin yet thoroughly removes all signs of dirt, oil and impurities so your complexion looks just as good without having to wear an ounce of makeup.

MÁDARA MNI SMART DAY CREAM

This natural and organic face cream is enriched with botanical greens such as Licium, Niss and Fern, which are incredibly rich in antioxidants to smooth out fine lines, reverse the signs of dryness, plump up the skin and even out its tone. The result? A beautifully luminous complexion.

VITAMASQUES POMEGRANATE SHEET MASK

Sheet masks are becoming seriously trendy, and this one from Vitamasques is one of our favourites. Made with a unique triple layer sheet technology, the mask locks in hydration, keeping your complexion looking well moisturised, plumped up and radiant.

MERCY HANDY HAND CLEANSING GEL

These gorgeously scented hand gels are the perfect travel companions; to always make sure you keep your hands clean on the go, touching your face with dirty hands can lead to blemishes and dryness, so make sure that if you are applying your makeup, you are doing it with clean mitts! These ones from Mercy Handy are infused with Cleansing Pearls to keep your skin hydrated too!

THIS WORKS PERFECT LEGS SKIN MIRACLE

This skin enhancing serum has been designed to perfect and repair the skin on your legs. The Vitamin-C rich formulation helps to even out the skin tone and impart a beautiful sun-kissed glow, so you always look summer ready, no matter the month.

LAURA GELLER BALANCE AND BRIGHTEN FAIR

This brightening foundation is free from chemical nasties such as parabens and mineral oil, and full of botanical ingredients like White Tea and Centella Asiatica, which help to keep the skin healthy. You can use it in place of your normal foundation for a lighter finish, or blended into your favourite one for a more natural and healthy glow.

ALTERNA CAVIAR CC CREAM

This unique multitasking product helps to perfect, polish and protect your hair. Free from chemical nasties, including parabens, mineral oil and parefin, the cream has a huge 10 hair-care benefits to improve strength and manageability. It can be used in conjunction with your other styling products, or if what you're feeling a little more natural, on its own for a perfected finish.

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which one will you receive?



Bare beauty

RULES

Follow these easy rules to take your beauty routine from high-maintenance to natural radiance for a gorgeous and luminous complexion.

Build your natural makeup collection

Invest in a great tinted moisturiser and lip tint for a natural yet flawless makeup look.

Always cleanse your skin before bed

This is the most important rule as it will ensure your skin is free from dirt, oil and impurities!

Reach for the lash serum

Encourage your own natural lash growth with a serum that will let you leave mascara behind.

Eat your way to healthy skin

Fruits, vegetables and botanicals will give you your most gorgeous skin yet.

Benefit from a beauty sleep

No words needed, your skin will thank you.

Exfoliate for a renewed complexion

Even if you have sensitive skin! Read more on pages 12-13 to find the right products for your skin type.

VICHY LASH SERUM | £25

CHANTECAILLE TINTED MOISTURISER | £58

OMOROVICZA CLEANSING FOAM | £44

MÁDARA BRIGHTENING PEEL MASK | £20

GLAMGLOW POUT MUD LIP BALM TREATMENT | £16

GLAMGLOW EXFOLIATING LIP TREATMENT | £18

Address skin concerns before they get severe. If you are suffering from redness, itching, inflammation or more, always get it checked out.

Use natural and organic products where possible. Make some product swaps, such as changing your silicone makeup primer to a more natural one.

Try lip exfoliating treatments

Don't cover your lips with lipsticks, instead use a treatment and pop a light balm on for a more natural look.

Your skin is your best canvas

Never hide or cover it, it's the greatest tool you will ever own!

THE
BAREFACED BEAUTY

Infusions



WE ARE ALWAYS ON THE LOOKOUT FOR SENSATIONAL AND BREAKTHROUGH BEAUTY PRODUCTS THAT CAN MAKE OUR COMPLEXIONS LOOK AMAZING... AND WE BELIEVE WE MAY HAVE FOUND OUR MOST EXCITING DISCOVERY YET.

Hailing from cult brand Skin Authority; a set of new Beauty Infusions has landed in British waters, from the gorgeously sunny coast of California. With a focus on skin health, glowing complexions and flawless skin tone, we love everything about this range, and we think you will too.

The Beauty Infusion collection is a set of 4 products designed to combat skin concerns you are experiencing. Made with natural and botanical actives, each one can be mixed into your foundation to even out skin tone and prime your skin so that your complexion looks flawless all day. Plus, as each one contains no parabens, gluten or fragrance, they are the perfect way to kick off your clean routine.

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HYDRATING - QUINOA AND AVOCADO

Anyone who suffers from dry skin understands how hard it can be to achieve a flawless complexion, but the Hydrating Beauty Infusion reverses all signs of dehydration.

Made with Quinoa and Avocado, which infuse moisture into the skin and quench its thirst, it immediately gives you relief from the symptoms associated with dryness, such as itching and redness, leaving you with a plumped up and more radiant finish.

BRIGHTENING - TURMERIC AND BLUEBERRY

If your skin looks a little sallow and you can see signs of dark under eye circles and pigmentation, chances are that it needs a shot of energy to brighten it up and get it glowing again.

The Brightening Beauty Infusion contains a blend of Turmeric and Blueberry, both of which are rich in an antioxidant called Curcumin, which helps to fade discolouration and leave you with an even skin tone.

ANTI-AGEING - SWERTIA CHIRATA

If you have more mature skin, you will be able to see the first signs of ageing, such as fine lines and wrinkles, as well as elements of dryness. Face bases such as tinted moisturisers and foundations can sit in these lines and appear rough and uneven on the skin, which is where this magical elixir comes in!

Formulated with a Himalayan herb known as Swertia Chirata, which helps to improve the skin's texture for a more hydrated and plumped up finish, the oil blends in super easily to give your complexion a "yours but better" finish.

CLARIFYING - PROBIOTICS

Don't be scared of using oil-based products if you suffer from congested or breakout-prone skin, as a lot of the time, they can actually work to heal and cure the problem itself as they help to regulate oil production.

The Clarifying Beauty Infusion is blended with a mix of Probiotics to normalize the PH of the skin and reduce the appearance of breakouts, inflammation and large pores. Plus, when mixed into your foundation, it works as a fabulous primer to prevent any slippage and reduce the amount of foundation you need on your skin.

HYDRATING | £45
BRIGHTENING | £45
ANTI AGING | £45
CLARIFYING | £45

THE IMPORTANCE OF

EXFOLIATION

One of the most important steps in your skincare routine for a gorgeous complexion is exfoliation. It helps to clear out impurities, remove dead skin cells and refine the pores for a brighter and more even finish.

Finding the right exfoliant for your skin type however is super important to help make sure your skin stays balanced. We have put together our exclusive guide to help you find the right one for you, and give you the confidence to go barefaced and show off your natural beauty.

EXFOLIATING THE SKIN: WHY?

If your complexion looks a little dull or lacklustre, it can be a combination of anything from poor diet and lack of sleep, to stress and hormones. However, did you know that your skincare, or rather the lack of it, can cause a dulling complexion too?

Exfoliation is key to maintaining a healthy glow that makes your skin radiate.

It's an essential step in removing dead skin cells to prevent pores from becoming blocked and spots forming. Without it, dead cells build up on the surface, trap oil and sebum, and cause a vicious cycle of blemishes, dullness and uneven skin tone.

EXFOLIATING THE SKIN: YOUR SKIN TYPE

When it comes to exfoliating the skin, it really isn't a one rule fits all approach. Depending on your skin type and condition, you need to take precautionary measures to choose the right products that will give you the best results.



buffing cream



skin-brightening



soft complexion

I have Normal Skin

Normal skin can be characterised by an oily t-zone and even some dryness and sensitivity in some areas. Although you may feel like you don't have any particular concerns, you still need to exfoliate your skin to ensure it doesn't develop congestion or dullness.

The REN Gentle Exfoliating Cleanser is great as it can be used daily to keep on top of good skin hygiene, but is powerful enough to leave you with a brighter and more even complexion.

I have Sensitive Skin

If you have sensitive skin, chances are that you are nervous to try any form of exfoliating scrub for fear of it causing a reaction, but Caudalie's Gentle Buffing Cream will leave your skin soft and super smooth.

Made with 97% natural ingredients including Jojoba Beads, Acacia Honey and Grape Oil, the gentle cream feels nourishing on the skin, as it delicately buffs away dead skin cells and dry areas.

I have Acne-Prone Skin

If you have blemish-prone skin, physical exfoliants can further irritate it and cause more breakouts. Instead, opt for chemical-based ones that will help keep your skin a lot more stable and comfortable.

The Mádara Brightening AHA Peel Mask is perfect for this skin type as it contains Lactic Acid to decongest the skin, as well as Elderflower to soothe and protect, so any sign of redness and inflammation is reduced.

I have Dry Skin

Dry skin can be a buildup of dead skin cells, oil and impurities that need to be exfoliated away so your skin can begin to repair itself.

The Origins Never a Dull Moment Exfoliant is infused with crushed Papaya to slough away dead skin cells, while its conditioning formula helps to rehydrate and keep skin smooth and healthy.

CAUDALIE BUFFING CREAM | £20

ORIGINS NEVER A DULL MOMENT | £26

REN GENTLE EXFOLIATING CLEANSER | £15

MÁDARA BRIGHTENING AHA PEEL MASK | £20

SHOP NOW

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healthy MAKEUP

When going barefaced, it's best not to wear makeup and let your skin breathe naturally without wearing layers of cosmetics. However, we know this isn't always possible, especially if you have an important event coming up. In this case, opt for healthy makeup that will nourish your complexion, not block your pores and leave your skin looking flawless.

HEALTHY MAKEUP TIPS:

When shopping for healthy makeup, there are a few things you can look out for that will help you find the product for you.

- **Non-comedogenic:** This means that the product won't block your pores and cause breakouts. Instead, it will let your skin breathe so it feels comfortable all day.
- **Stay Away From Parabens:** Parabens can disrupt your natural hormonal balance, meaning if you suffer from the occasional hormonal breakout, you won't want to add in extra chemicals that could further disrupt your complexion.

- **Fragrance-Free:** When a product contains natural fragrance from essential oils, it can help to nourish your skin (always do a spot test before), but synthetic fragrance can leave your skin irritated and sore. Just think, you wouldn't put perfume on your face, so why choose products that contain the same ingredients?

We have put together an easy guide so you can do a full face of makeup without compromising on the health of your skin. Make sure you always remove it before you go to bed however to make sure your skin stays as gorgeous as it can be!

LANCER

DANI GLOW

Finding a super healthy face base can be difficult, but Dr. Lancer has made it really easy with the Dani Glowing Skin Perfector. It contains Oat Kernel Extract to soothe the skin and tone down any excess redness, while Evodia Fruit helps to deliver nutrients into the complexion.

The Dani Glow works as both an illuminating primer and light tinted moisturiser depending on how heavy you want your makeup to be.

LANCER DANI GLOW | **£80**
LAURA GELLER FOUNDATION | **£25.38**
ZELENS BLUSH | **£38**



LAURA GELLER

BAKED BALANCE-N- BRIGHTEN FOUNDATION

This healthy powder foundation is the perfect product to wear when you want something a little lighter on your skin than a foundation, but more concealing than a tinted moisturiser.

Thanks to its brightening properties, you don't need to use a priming agent, as it immediately lifts the complexion, and with it being paraben and mineral-oil free, it's a great healthy alternative to regular face base products. Plus, you get to try it for yourself in your Beauty Box!

ZELENS

THE BLUSH

Blush is perfect to use when you want to use healthy makeup as you only need a little amount to work it in and add a lovely hint of colour. The Zelens Blush contains a Unique Oxygen Complex which helps to regenerate the skin cells and leave you with a genuine healthy flush of colour!



Beautifying Blueberries and Brazils

The best way to achieve outer beauty is by nourishing your inner, so eating vitamin rich and healthy foods is one of the easiest ways to improve your complexion and give you the confidence to go barefaced and beautiful.

You may have heard Miranda Kerr talking about Spirulina, or Rosie Huntington Whiteley singing the praises of Chlorella. It can be easy to get caught up in the beauty food trend, but we're taking it back to simplicity by using everyday foods you don't need to spend a lot of money on to get glowing skin.

BLUEBERRIES

Known as a super-food, Blueberries are packed full of antioxidants. This means that they are great for skin health as they provide protection against environmental aggressors, keeping your complexion youthful and glowing.

Blueberries are also extremely high in a mineral known as Salicylates. This comes from the salt of Salicylic Acid, which is an ingredient present in so many acne-fighting products. It helps to kill bacteria, unclog pores and remove dead skin cells, so by taking it from the inside out, skin health will be improved.

Blueberry and Banana Ice Cream

INGREDIENTS

2 frozen Bananas (must be ripe as that's when they're at their softest!),
75g of frozen Blueberries, 1/2 teaspoon of
Vanilla Extract, and hint of Mint.

DIRECTIONS

1. Place the frozen Bananas, Blueberries and Vanilla Extract into a food processor.
2. Blitz until smooth.
3. Finish by placing the mint on top.

BRAZIL NUTS

Brazil Nuts are packed full of Selenium and Zinc, which help to promote natural cell turnover so your skin glows with health.

They are also packed full of Vitamins A and E, which help to promote Collagen production within the skin's cells and keep your complexion taut, firm and youthful.

Raw Brazil Nut and Coconut Truffles

INGREDIENTS

100g of Brazil Nuts, 200g of pitted Medjool Dates (these are brilliant for creating a soft texture!), 2 tablespoons of Coconut Oil, 2 tablespoons of Almond Butter, 20g of Raw Dark Chocolate (melted), 40g of Coconut Flakes

DIRECTIONS

1. Blitz the Brazil Nuts in a food processor until they are very finely ground (it will resemble a paste-like consistency).
2. Add the Medjool Dates, melted Raw Dark Chocolate, Coconut Oil and Almond Butter and blend until everything is well mixed.
3. Roll the mixture into individual balls.
4. Coat each ball in the Coconut Flakes
5. Place in the fridge to chill the truffles so they harden in texture.

Create curls

WITH
AVEDA



LOW HEAT HAIRSTYLES ARE THE PERFECT WAY TO ADAPT YOUR HAIRCARE ROUTINE TO BECOME A LITTLE MORE NATURAL AND “BAREHAIRD.”

This year, we are expecting to see a huge trend towards beautifully natural curls, created using low heat. Aveda have gone all romantic, with beautifully glossy styles, and are letting us in on their secrets by showing us how to create this gorgeous look.

STEP 1 PREP YOUR HAIR

On towel-dried hair, apply Pure Abundance Style Prep by spritzing all over and combing through. Then apply Phomollient Styling Foam for fine hair which helps to add lift and volume. Then, using a diffuser on your hair dryer (which helps to reduce heat damage), dry it until your hair feels slightly damp but not wet through.

STEP 2 GET BRAIDING

“This is what is going to add the texture and wave to your hair.”

Tippi Shorter
Artistic Director – Aveda.

Section out your hair into 3 equal pieces, then braid each section. To do this, take a little piece from each side each time you move the braid over to ensure you get lovely loose waves. Then secure each braid at the end with a hair band.

STEP 3

SET THE CURL

Either let your hair dry naturally whilst in the braids by sleeping in them overnight or keep them in whilst you get ready.

STEP 4

FINISH THE LOOK

When your braids are totally dry, you can take them out and gently separate the waves with your fingers. Apply Control Force Firm Hold Hairspray all over for some hold and you are good to go!

about Kérastase

Kérastase Aura Botanica responds to a desire for green luxury in haircare, and provides truly effective care to repair and nourish damaged and dehydrated locks. Each product is formulated with ingredients sourced from an average of 98% natural origin, making this line of products true to their botanic name.

The two key ingredients of this sulphate, paraben and silicon-free range are hand-pressed Samoan Coconut Oil and Moroccan Argan oil. While these are both incredibly moisturising, the collection feels surprisingly lightweight and adds a beautiful sheen to hair.

The most exciting ingredients in the range however, are Natural Micelles. While you may be thinking that Micellar technology is only associated with skincare, we predict that this year will be a big year for hair micelles, with Kérastase leading the way.



BAIN MICELLAIRE SHAMPOO | £21.20

SOIN CONDITIONER | £24.40

ESSENCE D'ÉCLAT | £39.50

CONCENTRE ESSENTIEL | £42.50

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